





# **RULES**

Emirates Salon Culinaire 2018 18th-22nd February Dubai World Trade Centre

# **ALWAYS TEA TIME COMPETITION**

CREATIVE USE OF TEA IN GASTRONOMY AND MIXOLOGY IN RELEVANCE TO THE RESPECTIVE TIME OF THE DAY This is not a high tea or an afternoon tea competition.

#### 1. THE TEAM

- The team must consist of one chef and one bartender.
- At least one participant must be under 25 years

#### 2. WHAT NEEDS TO BE DONE?

Participants should serve 3 sets (a set would consist of a food item and a tea beverage) to the judges taking into consideration 3 occasions of consumption (Morning, Afternoon and Evening)

- Set 1 one food item PAIRED with one tea beverage
- Set 2 one food PAIRED with one tea beverage
- Set 3 2 food items (one made with tea and the same food item made without tea) and PAIRED with one tea beverage

#### 3. FOOD ITEMS

- All food items can be pre prepared and brought to the venue
- 2 savoury and 1 sweet or 2 sweet and 1 savoury items should be included in the sets
- Food items must be served at the appropriate temperature (hot, warm or cold)
- Each course should have its own unique presentation fitting the occasion of consumption

### 4. TEA BEVERAGE

- Tea beverages can be hot or cold with spirits or without
- HOWEVER at least one set MUST be a straight black tea (without milk or sugar on any enhancements) and must be brewed in front of the judges
- If your tea beverage is an iced tea or a cocktail the Teas can be pre brewed prior to the competition – however including ingredients and shaking /garnishing must be in front of the judges

# 5. TIME LIMIT

For Preparation

30 minutes to set up the mise-en-place table and presentation table (not food or drinks)

#### For presentation

- 20 minutes to serve (3 sets of food and tea) and explain the rationale to the judges
- Each team will be required to present 3 place settings for the 3 judges and an extra set for photography (4 sets in total)

### 6. MENUS AND RECIPES

- 3 menus and 3 recipe sheets for the 3 judges
- 1 menu and 1 recipe sheet for photography

### 7. TABLE ARRANGEMENT

Table will be round (This is not a high tea, therefore an extensive table arrangement or decor is not required) All Tables will be supplied by the organizer and be a standard 5ft round table with white linen no replacement of table or linen allowed. A 180cm stainless steel table shall be provided for mise en place with 13 amp plug

#### 8. TABLE SETUP

Table setup depends on the space availability, but essentials are as below

- 2 sets of tables per team 1 presentation table & 1 mise-en-place table
- Tea station with hot water in a samovar in a separate area (tea need to be brought by the participants)
- Backdrop (Dilmah will provide)
- Photo booth to photograph the pairings
- A 20ft x 20ft area would suffice



#### 9. JUDGING CRITERIA

- Quality of the Pairing in relevance of the 3 occasions (morning afternoon and evening) – 40 points
- 2. Presentation with rationale in oral form and in written notes 20 points
- 3. Respect for tea / tea knowledge 20 points
- 4. Successful use of tea in the Tea inspired item 20 points

#### 10. TEA SELECTION

Each participant will be provided with a package of teas for practice and for the competition

- Black Tea
  - 1 t-Ser<mark>ies Brilliant Bre</mark>akfast
  - 2 t-Series Prince of Kandy tea
  - 3 t-Series The First Ceylon Souchong
- Green Tea
  - 4 t-Ser<mark>ies Organ</mark>ic Ceylon Green Tea
  - 5 t-Series Moroccan Mint Green Tea
  - 6 t-Series Green Tea with Jasmine Flowers
- Flavoured Tea
  - 7 t-Series Original Earl Grey
  - 8 t-Series Blueberry & Pomegranate Tea
  - 9 t-Series Vanilla Ceylon Tea
  - 10 t-Ser<mark>ies Ceylon Green Tea with Lychee</mark> and Ginger
- Infusions
  - 11 t-Series Peppermint, Cinnamon and Clove
  - 12 t-Series Elderflower with Cinnamon and Apple

#### 11. PRIZES

The winning team will receive an all-expense paid 6Day 5Night tea inspired journey to Sri Lanka (May 2018)

#### 12. BRIEFING SESSION

Dilmah will conduct a briefing session in Mid-January 2018 for the participants to explain the judging criteria and the concept of pairing tea with food. A tea package will be given with above teas to the participants during this session for practicing and competition.



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